



# THE Kentish VOICE

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TAKE ONE

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## KENTISH IN FULL BLOOM

Kentish has had some spectacularly lovely scenery this summer thanks to fields of poppies in bloom, stretching as far as they eye can see - a delight for both tourists and farmers.

No doubt many farmers wondered if they would ever get their crop into the ground due to water logged paddocks after what seemed like an unending wet winter and spring. But, the sunshine seems to have done its magic now and the flowers have all bloomed and seeded.

Nearly half of the world's legal poppies for the pharmaceutical industry are grown in Tasmania due to ideal growing conditions and the fact that it is an island state, which is a great benefit for

the security of the crop.

Many of the Tasmanian poppies grown are of a variety that was developed for their high Thebaine content. This makes it suitable for industrial processing, but is highly toxic if ingested - according to the newly launched web site Not Your Average Poppy ([www.notyouraveragepoppy.org.au](http://www.notyouraveragepoppy.org.au)). This web site was set up to inform people about Tasmanian poppies and their difference to standard poppies, after the death of a teenager from drinking poppy tea.

So, best to look and don't touch - drink in the view, not the brew!

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Authorised by Tim Morris MP, Parliament House, Hobart

# THE KENTISH VOICE

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## HOW TO GET YOUR COPIES OF THE KENTISH VOICE

2500 copies delivered to Sheffield, Railton, Wilmot, Barrington areas as well as country roadside mailboxes.

If we missed someone (we may not have found all the roadside boxes on some of the country roads) we are very sorry but you can still pick up your copy at various locations and shops in town including:

- Fudge n Good Coffee
- Bossimis
- IGA X-Press
- Tasmanian Farm Shop
- Sheffield Newsagency
- Tasmazia
- Cradle Mountain Candy Company
- Railton PO & Newsagency
- Gum Leaf Café Railton
- Wilmot On Line Access Centre
- Old Wilmot Bakehouse
- Barrington General Store
- R & J Publishing, Devonport



Or you can download your copy of The Kentish Voice from our website at [www.thekentishvoice.com.au](http://www.thekentishvoice.com.au).

## TURNBULLS PHARMACY

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PALMOLIVE Softwash Soap 250ml	\$2.00
RADIANT Washing Powder 650g	\$2.00
DOMESTOS Household Cleaner	\$4.00

## POLICE REPORT

Kentish has seen an extremely good New Year's period with little antisocial behavior being reported along with very little crime. Police pass on their congratulations for the public's behavior and hope it extends throughout the year.

Around the region you will have noticed that the old road signs have been replaced. The old signs of 'End 60' or 'End 80' signifying that the speed limit reverted to the open road limit has now been replaced with the designated speed zone for that road. Please take note of the speed limit sign that has been posted in your area and drive accordingly.

Police non-urgent	131 444
Police emergency	000
Crime Stoppers	1800 333 000
Sheffield Station	6491 1240
Railton Station	6496 1110

## POST BOX STANDARDS

Did you know that there are actually standards about the size and location of your mail box?

Having delivered to many of the country mail boxes, I can certainly appreciate the need to have some standards on dimensions and height to make it easier for the postie to deliver mail.

The picture below illustrates your typical rural mailbox, proving that country folk are great recyclers. However, not all are compliant with Australia Post standards - I know this from experience of having to reach far beyond what is comfortable through a car window!



You can look up the full standards on the Australia Post web site at [www.auspost.com.au/general-terms-conditions.html](http://www.auspost.com.au/general-terms-conditions.html) (it is in Appendix 2) or ask at your local Post Office.

Here are a few of the main points:

- The mail box aperture should be at least 230mm x 30mm.
- The minimum internal dimensions should be 230mm x 330mm x 160mm.
- The height of the aperture from the ground should be between 900mm and 1200mm (that's not to the bottom of the mail box, it is to the actual slot that the mail is posted in).
- Mailboxes must have unhindered access to the delivery aperture i.e. can the postie drive right up to the mailbox and not have to get off their motorcycle or out of their car?

It is also a good idea to have a mailbox that keeps out the weather - both wind and rain. If your mailbox needs a rock in it to weigh down the mail so it doesn't blow away - then perhaps it's falling short in the windproof category. And, if you regularly get soggy letters, then your mailbox obviously needs a rain coat too!

I don't know if Australia Post has ever refused to deliver mail to a non-compliant mail box, but it is part of their terms and conditions for mail delivery - so it's a good idea to get a tape measure and check yours out. While you're at it, take along your secateurs and trim the undergrowth around it too or fill in the ruts in the path alongside it to make sure that the postie can get right up to it to deliver your mail. After delivering to several hundred country mailboxes, all I can say about some of them is "what were they thinking!"

If you're planning on sprucing your mailbox up with a lick of paint - here's a tip: green is probably not the best choice of colour for a roadside mailbox which sits alongside lots of other green things like grass and trees. There are some boxes we miss each time and have to back track, simply because they blend in so well with their background.

On the lighter side, there are some terrific and very inventive mailboxes around the district, that have obviously taken a great deal of time, ingenuity and effort to create.

The psychedelic donkey, the red goat, the Hardley Davidson, and the iron man are familiar to many. Then there are some interesting "recycles" too such as the electric frypan and the outboard motor.

One of the newest (and biggest) mail boxes that I've come across lately is the "blue box". Rumour has it that it is a lot bigger on the inside - so definitely no problems in meeting Australia Post's internal mailbox dimensions standard!

If you want to check it out for yourself, you'll find it outside a well known tourist hostelry at Moina.



So, next time you visit your mailbox to pick up your mail - spare a thought for the mail deliverers and ask yourself if your mailbox is up to "standard"!

One day, when delivering mail a postman was greeted by a boy and a huge dog.

The postman asked the boy "does your dog bite?".  
"No" replied the boy. Just then, the dog bit the postman, who yelled "I thought your dog doesn't bite!"  
"He doesn't" replied the boy, "that's not my dog!"

## LOCALS TALK CLIMATE ACTION

On Wednesday 15 January residents gathered in Sheffield to speak with Eric Hutchinson Federal MP for Lyons. The group had consisted of a variety of people from around the Kentish area who have growing concerns that the government wasn't acting fast enough or in line with scientific recommendations to alter the catastrophic climate changes we will face this century.

Organiser of the meeting Lavina Wagner said, 'At the recent climate talks in Warsaw, Australia had been given 3 Fossil Awards for its inaction on climate change and it was noted that Australia is failing to reduce its CO<sub>2</sub> emissions at a rate comparable to the US or the EU.' 'Scientists are warning that we have hit the record of 36 billion tonnes of CO<sub>2</sub> in the atmosphere and it must be drastically reduced to avoid dangerous climate change.' The LeQuere (British) report on climate change says '*we need to keep to an agreed target of below 2 degrees warming on pre-industrial levels, to do this emissions need to fall rapidly*'.

Residents voiced their concerns that we were facing at a minimum 2 degrees warming which our agriculture had never experienced before. A report from University of Hawaii which looked at many models predicting what may happen, shows countries on the equator being uninhabitable this decade and a possible 6 degrees warming everywhere else. We have the technology and the affluence to do something about this *now* and not leave a mess for our children to have to clean up while they deal with dangerous weather events and unpredictable seasons. Our food production depends on regular growing conditions.

Mr Hutchinson listened to people's concerns and explained the liberal party's alternative to the Carbon Tax which they call Direct Action. At this stage it wasn't clear just how this was going to make a big enough difference to our carbon output. At present there is a senate enquiry into whether this strategy will even be effective enough.

Mr Hutchinson said he could sympathise with people's concerns and was happy to organise to bring Mr Greg Hunt, Minister for the Environment, to Tasmania to talk with concerned residents. Residents in the further north of the state also met with their local MP Brett Whitely in January, to raise their concerns that enough is not being done to halt catastrophic climate change.

'We need a different lifestyle to preserve a future for our children, we all need to get used to having a lot less so that a reduction in the pollution we create can happen rapidly', says local resident Anna. 'I would rather live with less now so my kids can have a future.'

Residents interested in attending further meetings or attending the meeting with Minister Greg Hunt can contact [lavina.wagner@gmail.com](mailto:lavina.wagner@gmail.com) to register their interest.

'The words of Abraham Lincoln are what is needed today' says Ms Wagner, "*You can't escape the responsibility of tomorrow by evading it today*".



Eric Hutchison MP (centre) & some of the attendees of the meeting

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# KENTISH COUNCIL

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## KENTISH PARK AND LAKE BARRINGTON PARK MASTER PLAN PUBLIC MEETING

Council will hold a public meeting to provide and receive information about the Kentish Park and Lake Barrington Park Master Plan. The meeting will be held on Monday 24<sup>th</sup> February 2014 at 7pm at the Spreyton Scout Hall, 96 Mersey Main Road, Spreyton. All interested persons are invited to attend.

## WILMOT COMMUNITY INFORMATION EVENING

Council will hold a community information evening to provide and receive information about the Wilmot area. The meeting will be held on Tuesday 25<sup>th</sup> February 2014 at 7pm at the Wilmot Hall. All residents from Wilmot and surrounding areas are invited to attend. A light supper will be provided.

## CHANGE TO OFFICE OPENING HOURS

A reminder the Kentish Council Office has changed its opening hours from 8:30am - 4:30pm to **8am -4:30pm**. The extended opening hours provide greater customer access and service.

## RATES REMINDER

A reminder that the third rate instalment is due and payable on 28 February 2014 and interest will be charged on outstanding amounts after that date.

## CLEAN UP AUSTRALIA DAY

Clean Up Australia Day is being held around the nation on Sunday, 2 March 2014 and Council encourages anyone interested in becoming involved to register now.

Every year, hundreds of thousands of Australians get in and help clean up the environment by collecting and removing rubbish in their local areas.

Clean Up Australia Day is fun, easy and everyone can get involved. Individuals and local groups can either organise a Clean Up site or volunteer to join an existing site.

Kentish community groups or individuals who would like to be involved can register online at <http://www.cleanupaustraliaday.org.au> or by contacting Aleasha at the Council Office. Registrations close in mid February.

## KENTISH COUNCIL YOUTH SCHOLARSHIP RECIPIENT

Yaminga Feix of Lorinna was awarded the \$1,250 scholarship offered by Council for a University or TAFE student required to live away from home as part of their studies. Yaminga will continue her studies at the University of Tasmania, Burnie Campus, studying a Bachelor of Education (Primary). We wish Yaminga all the best with her studies.

## RATES REMINDER

A reminder that the third rate instalment is due and payable on 28 February 2014 and interest will be charged on outstanding amounts after that date.

## COUNCIL'S 2014-15 BUDGET - INVITATION TO MAKE A SUBMISSION

Each year, Council is faced with the task of assessing and prioritising the many worthwhile projects that have been identified within the community. Council lists each project, assesses it against a common set of objective criteria and prioritises the project with a view to scheduling the project over Council's long-term planning period - currently ten years.

Submissions should include sufficient detail to enable Council to understand:

- The location and scope of the project
- The estimated cost of the project
- The perceived benefits of the project including any risk/safety issues, social/community impact and environmental impacts.
- Any other relevant information to enable Council to make an informed decision.

**If you would like to submit a project for consideration in Council's capital works program, or 2014/15 operating budget, then please lodge your submission marked "2014/15 Budget Submission" with Council by Friday 14 March 2014.**

Submissions can be lodged by mail to:

Corporate Services and Finance Manager  
Kentish Council  
PO Box 63  
SHEFFIELD TAS 7306

or by e-mail to: [council@kentish.tas.gov.au](mailto:council@kentish.tas.gov.au)

## TIDY TOWNS JUDGING IN SHEFFIELD

Sheffield recently won the Tasmanian Tidy Towns Title and will now compete against 6 other towns from across Australia in the National Tidy Towns competition. The National Judge will visit Sheffield on 19<sup>th</sup> and 20<sup>th</sup> February 2014. Presentation of the town is very important and Council encourages all property owners to assist through neat and tidy yards and nature strips.

## NEXT COUNCIL MEETING

The next ordinary meeting of Council will be held at the Wilmot Hall, Wilmot on Tuesday 18<sup>th</sup> February 2014 commencing at 7pm.

### MULCHING AND MULCHING AND MORE MULCHING!

Just as we have to look after ourselves in this hot dry weather, we have to look after our gardens.

Particularly vulnerable are those trees and shrubs you have planted in the last two to three years. As their roots are still relatively shallow, they will become stressed in hot dry conditions. They should have a protective layer of mulch around their base by now and for the ornamental trees and shrubs finely mulched bark, pebbles, and wood chips can be used. Even well established ornamentals such as rhododendrons, camellias and azaleas need mulching and regular watering during hot dry conditions because they are naturally shallow rooted plants and once the root ball dries out it is very hard to rehydrate them.

To protect your young fruit trees and berry bushes it is best to use a thick layer of pea straw or sugar cane mulch, the same mulch you are using in your vegetable garden. Not only does the mulch regulate the temperature of the soil and retain the moisture, it acts as a weed suppressant and we all know how fast the weeds can grow at this time of the year.

Pea straw mulch contains a fair amount of nitrogen and the earth worms love it, which is a good thing and this in turn improves your soil, particularly if you throw around a few handfuls of an organic fertiliser before you lay the straw down.

Of course, regular watering is essential in both the ornamental garden and the vegetable garden to keep them safe and productive. Watering the garden should never be a chore. If you don't like rising early or enjoying the twilight hours, a watering system is best for you. Install a micro jet irrigation system or drip irrigation that you can set to come on each evening. But if you are like me and enjoy the cool of the evening in the garden, you can set out your soaker hoses or sprinklers and during the half hour between having to relocate them, use this time to pull out the odd weed, throw around some fertiliser, pick some beans, a choice lettuce and a few tomatoes and have a chat with your roses as you deadhead them!

Any flowering plants that grow in the full sun need particular attention at this time of the year. Now is the time to give your roses and clematis a good dose of fertiliser under their mulch. They love any of the organic fertilisers such as chicken, sheep, or well rotted cow manure or maybe a fertiliser such as Sudden Impact. This good feeding will keep them flowering throughout the summer. I have found that roses and clematis like a good, deep watering every other day during hot dry spells.

So that you have continuity in the vegetable garden you can be planting out carrot seeds, silver beet, spring onions, lettuce and seeding broccoli to plant out in a few weeks. You will need to be alert for the cabbage moths who will make their annual appearance very soon. You can deal with these by using an organic low toxic spray called Dipel or if that doesn't appeal, you can do what my mother does, chase them around the garden with a butterfly net- good exercise she claims!

*If you would like to know more on anything in this article or need advice on your own personal garden needs please contact Todd at Clematis Cottage Nursery, Spring St, Sheffield or phone on 6491 2183.*

### GARDEN CLUB NEWS

Its been a late start to summer but that has been a bonus for gardeners not having to water gardens too early. At the end of November the club took a bus trip to the National Rose Garden of Australia at Woolmers Estate. Perfect weather and the roses were at their peak and looking beautiful. The bus then went to the Red Dragon nursery for a shopping trip and a short visit to Glebe Gardens in Launceston. A very enjoyable day.

The Christmas function was held on December 12<sup>th</sup> at the Coombs home and almost 40 people attended for an enjoyable evening with lots of great food. The weather was cool and comfortable and the usual celebration took place with gifts for everyone. Thanks to everyone who helped put the event together and to Susie and Brett Coombs for hosting the event.

Our first meeting for the year was on January 13<sup>th</sup> at the town hall. There were 23 people on the night as many are away at this time of year. No guest speaker was available but discussions took place on planning events for the coming year followed by a plentiful supper. One project we would like to get up and running is a calendar of gardens in the Kentish area so if anyone has any photographs they would like to submit for inclusion please let us know. If we could have the calendar printed in time for the daffodil show, it would be a good opportunity for many in the community to buy them in time to send away for Christmas. The photographs can be sent to the secretary Cate at her e-mail address.....rejman1@bigpond.com

The next meeting will be our "summer celebration" at Lyn Keygan's home in Cables Road (first house on the left) on February 13<sup>th</sup> at 6.30pm. This will be a pizza and pasta night as was so popular last year. Members are asked to bring either a pizza or a pasta dish, salad or sweet to share along with the usual requirements of a chair, plates, cutlery etc. The garden club will provide drinks. We look forward to seeing everyone there.

Any garden club enquiries ...

Secretary Cate Rejman 0407 112090

or the president Kevin Dunn 6492 3375.

Happy gardening through the summer months.



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# BEAUTIFYING SHEFFIELD

## Beautifying Sheffield with gardens - little bit by little bit...

Noticed any of the little changes around Sheffield since our "Living Murals" project began in September? Have you noticed how many flowering baskets and pots there are along Main Street now? And the RSL car-park fence which has been freshly-painted, and now has Clematis growing on some trellises.

The outdoor setting at the Fruit and Veg Shop looks a lot brighter these days and has a little border garden nearby. And have you noticed a new garden is being developed along the front of the Police Station?

Not only that... quite a few new murals have gone up too – have you spotted them? It's happening slowly, but the whole street is starting to look quite colourful!

There is a lot more which could be done. It's just over a month until SteamFest when we will have thousands of visitors. It would be really great to have the town looking its most colourful best to really leave a lasting impression on visitors. The Main/Spring Street corner looks a lot tidier these days. Down at the Redwater Creek Historic Railway, more work has gone into making the station look prettier. Gardens are being developed. The fence has been repaired and painted and sea-side daisies have been planted along the front fence line.

### ***BEFORE AND AFTERS: Check these areas out for yourself. Go see what they look like now***

#### **We desperately need more helpers.**

If you are interested in helping, our working group meets at The Blacksmith Cafe for a coffee at 9.30am each Thursday morning, followed by some gardening from about 10 – 12. It is amazing what a difference a couple of hours can make.

BYO gardening tools. Everyone is most welcome.

If you would like to discuss the project or contribute, please feel free to contact me.

Leoni Read 64 911 632 [h] or 0429 705 062.



## KENTISH COMMUNITY GARDEN

Still wild still growing.

The Kentish community garden has lately been a bit neglected. But on the 21st of January a small group of people met to battle the weeds and to get some plants growing. We are keen to keep moving and would like you to come along to do some social gardening.

We'll have a cup of tea or coffee going and maybe even a cake. If you are interested we meet on Wednesdays 3pm at the community garden in the Park near the health center. We would also like your spare seeds, seedlings, plants and manures .

## MONSTER VEGETABLES

Believe it or not this is a radish! It measured 30cm long and was grown in a local garden. Can you top that? Send in photos of your monster (or unusual shaped) vegetables to [editorial@thekentishvoice.com.au](mailto:editorial@thekentishvoice.com.au)



# DARREN CLARK

*Candidate for Lyons*



I am passionate about communities and the people who live in them.

Tasmania needs long term vision to build and improve regional communities. Jobs for our children and the ability to develop Lyons with sustainable industries is my vision .

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Phone: 0408 128 003 | Web: [www.darrenclark4lyons.com.au](http://www.darrenclark4lyons.com.au)  
Email: [DarrenClark4Lyons@gmail.com](mailto:DarrenClark4Lyons@gmail.com)

Authorised by Craig Farrell 107 Hamilton Rd New Norfolk, TAS, 7140.

## WEEDS AT GOWRIE PARK

Work is continuing by Mount Roland Rivercare Catchment Inc (and others) on weed control in the Gowrie Park area. There has been a legacy of seed from past gardens of the old Hydro village which have now multiplied to the point that some of the more invasive species are encroaching on the nearby Mt Roland Reserve.

*Kunzea Ericoides* is one of those plants that are very invasive, even though it is native to mainland Australia. It looks a lot like Tea Tree, which is why it has not previously been recognised for its "weedy" nature. It produces prolific amounts of very fine seed which are easily transported by shoes, cars, bikes, machinery, on clothing, by animals or wind and water. So to prevent Mount Roland being invaded by this *Kunzea* species, work is being done to control it at the start of the walking track and various places around Gowrie Park where it has established itself.

The Tasmanian species *Kunzea Ambigua* is quite a bit different to *Kunzea Ericoides* and has some beneficial qualities, which is why probably one of its common names is Tick Bush as it has been used as a deterrent for ticks due to its highly scented essential oil.

There are also other weeds that are currently being targeted around Gowrie Park – Spanish Heath, Broom, Gorse in particular.

While funding through a Landcare Tasmania grant\* is assisting Mount Roland Rivercare Catchment Inc to do some of the weed control work and mapping, all property owners and land managers in the area are encouraged to do their bit to keep these weeds under control.

To assist in sharing information about these weeds and how to control them, a **Field Day** is being held at **Gowrie Park on Saturday 1<sup>st</sup> February**. Meet at O'Neills Creek Picnic Area, at 10am for some morning tea and information, followed

by a tour of nearby weed hot spots where weed control work is being undertaken.

### How weeds spread and how not to spread them

Some of the more invasive species of weeds have very tiny seed, which are easily transported to other places inadvertently. Brushing against plants which are in full seed will probably mean you have seeds on your clothes, and which are likely to drop off at some distance from the parent plant.

There will also be many seeds deposited onto the ground around the plant, which can then be picked up on the soles of shoes, on the tyres of cars, bikes or other machinery, or by hoofs/paws of animals.

If you are walking through an area which has many obvious weeds in full seed, make sure that you clean your shoes/boots before moving to other areas – the Mount Roland walking track has a boot cleaner at the start of the track for just this purpose, so bush walkers don't inadvertently spread weeds into the reserve.

If you are doing work in an area where you know there are invasive weeds – make sure that you do a thorough clean down of your equipment or machinery before you leave the area, because the next job you go to may not be too happy if you start up a new colony of weeds on their property!

A few simple weed hygiene steps are all that it takes to reduce weed spread.

More information is available online at [www.dpiw.tas.gov.au](http://www.dpiw.tas.gov.au) or [www.weeds.asn.au](http://www.weeds.asn.au) or you can contact a Regional Invasive Species Officer on 1300 368550.

*\*Funding support from Landcare Tasmania with partner the Private Land and Conservation Program (DPIPWE) through funding from the Australian Government's Biodiversity Fund.*

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## CLAUDE ROAD HALL – MORE THAN JUST A MARKET!

Many of you have supported the Claude Road Memorial Hall through our popular markets but did you know that the hall can be rented for parties and other events? It's a terrific venue for any function and can be rented for just \$80.00 (hall & kitchen) or \$30.00 to rent just the supper room.

Maybe you are having a party at home and just need extra tables or chairs. Or maybe you just need plates and utensils. Claude Road Hall has it all and we are happy to rent you tables/chairs/plates – you name it! Just contact David on 6491 1879 or Kim on 6491 2344 for all rental enquiries.

The Claude Road Memorial Hall Committee wishes everyone a Happy New Year and look forward to your continued support for our markets and themed food evenings throughout 2014

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"Imagination is everything. It is the preview of life's coming attractions."  
Albert Einstein

## SAVE WATER KENTISH

With the arrival of summer, it's timely for a reminder about being water wise. If you want to cut down on your water usage, there are many things that you can do in your home.

These water saving ideas range from simple things which cost little to no money or time, to considering the most efficient appliances when making your next purchase. Reducing your water usage is not only good for the environment; it's a good way to save money too!

Around the House...

### Showers

- Change your shower head to a low flow shower head. This will reduce the amount of water used (and in turn electricity).
- Use a bucket to collect water while waiting for the shower to get hot water.
- Make sure your hot water system thermostat is not set too high. Adding cold water to reduce the temperature of very hot water is wasteful.

### Bath

- Only fill the tub with as much water as needed. Use less for children and pets.
- Check the temperature as you fill. Adding extra water to get the correct temperature after the bath is at the right level is wasteful.
- Regularly check your plug for leaks and replace as necessary.
- Bucket your used bath water onto the garden or use it to wash your car. Check that soaps and detergents in the water won't harm garden plants.

### Toilet

- Leaking toilet cisterns waste litres of water each day. Check for leaks by putting a few drops of food dye in the cistern. If you have a leak, coloured water will appear in the bowl before the toilet has been flushed.

### Outdoor

- Wash your car on the lawn, rather than in the driveway, so the water is used on your lawn rather than running down the drain.
- Use a bucket of water rather than a hose to wash your car
- If you need to rinse down your driveway or footpaths, use a bucket of water saved while waiting for the hot water to warm up in your shower or kitchen sink.

### Basin

- A running tap uses about 16 litres of water per minute.
- Turn the tap off when brushing our teeth. Wet your brush and use a glass for rinsing.
- Don't rinse your razor under a running tap. Filling the basin with a little warm water is just as effective and uses less water.
- Don't leave the tap running while peeling vegetables. Fill the basin or a small bowl with a little water instead.
- While waiting for hot water out of your tap, collect the cold water and use on pot plants, in the garden, or for something else around the house.

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Construction of the \$394 million wind farm began in December 2011. Hydro Tasmania Chairman David Crean said the project continued Hydro Tasmania's interest in wind generation which began on King Island in the late 90s and continued with the construction of two wind farms in north-west Tasmania. "It complements perfectly our hydro capability, providing the renewable energy certificates to meet our retail obligations and generating profit and value for our shareholders, the people of Tasmania."

Dr Crean said "The Musselroe project has only been made possible because of the national renewable energy target (RET), which began in 2001 under the Howard Government and has been supported by successive federal governments since. "The RET is a key driver for investment in wind farms as well as for the refurbishment and upgrade of our existing hydro plant. Its continuation will support investment and job creation throughout rural and regional Tasmania and Australia, as well as contributing to energy security and greenhouse gas abatement in the Australian energy sector."

The Musselroe Wind Farm has been generating electricity into the Tasmanian grid since April 2013 and the full 56 turbines have progressively come on line since that time.

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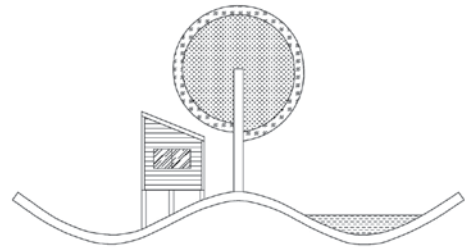


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### Keeping your fridges cool!

At this time of year, fridges and freezers get a full work out. Not only is there more need for cold drinks and ice, but the higher external temperature means that refrigeration units have to work harder to achieve the required fridge/freezer temperatures.

And, of course it doesn't help if you stand with the fridge door open getting cool yourself at the fridge's expense!

The more that the refrigeration unit runs, the more it will cost you in electricity. So, anything you can do to reduce the heat load on your fridges and freezers will save on the power bill.

If you are a shop owner with multiple drinks fridges - you might not be able to do a great deal about customers opening the door frequently, but overnight there are a few tips that can help you reduce energy use. Glass doors are not thermally efficient, so covering them - sheets of polystyrene/insulated board or similar - will reduce heat gain into the cabinet.

If they have internal lights - turn them off overnight as these are mini heaters running inside your cold cabinet!

Check the fridge temperature - don't set it lower than you need to for the type of foodstuffs it contains. Each degree lower you go is about 10% increase in energy use.

Whether you are a business operator or householder, making sure that your fridge/freezer is not in direct sun or near a heat source will reduce unnecessary heat gain

into the cool cabinet.

If you can reduce the number of times you open the door to the fridge/freezer and cool foods before you put them in there, these will all help to reduce the amount of cooling your fridge needs to do.

A lot of small things add up!


If you are in the market for a new fridge or freezer - then look carefully at the star rating labels. Don't just count the number of stars, but look at how many kWh it uses per year. The lower this number is, the less it will cost you on your power bill to run.

The other thing to consider is how many refrigeration units you have and look to see if you can rationalise them into one unit. It will be more energy efficient to run one big fridge rather than 2 smaller ones.

Finally - a note about drinks coolers - do you really need one? These also have a small refrigeration unit running (which uses electricity) and they are not usually as well insulated as a fridge. An alternative to a drinks cooler is a simple water filter jug, which you can keep in the fridge to have chilled water.



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~ Cherie Carter-Scott



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## WHAT'S IN SEASON IN FEBRUARY?

This information is provided by Eat Well Tasmania. For more information about healthy eating contact us at [admin@eatwelltas.org.au](mailto:admin@eatwelltas.org.au)

Including more vegetables and fruit in your diet doesn't have to be expensive. Look for vegetables and fruits that are in season – not only do they taste better, they are generally cheaper to buy.

### Tasmanian produce

#### Vegetables

Asian greens, beans, beetroot, broccoli, broccolini, carrot, cauliflower, chard, cucumber, herbs, kale, leek, lettuces, mesclun, mustard greens, mushrooms, onions (brown, white salad onions, spring onions), peas, potatoes (Dutch Cream, Pink Eye), radish, rhubarb, rocket, silverbeet, spinach, sprouts (alfalfa, bean shoots, fenugreek, lentils, sunflower), swede, tomatoes, turnip, zucchini

#### Fruit

Apricot, blueberry, boysenberry, cherry, raspberry, strawberry

### Other Australian produce

#### Vegetables

Asparagus, cabbages (savoy), capsicum, celery, cucumber, fennel, eggplant, garlic, okra, sweet corn

#### Fruit

Avocado, banana, blackberry, grapes, lime, mangoes, melons (watermelon, honeydew melon, rockmelon), nectarines, passionfruit, peaches, pineapple, plums  
*Please note: there may be some variation based on local market availability*

### Recipe

#### Zucchini Noodle Cakes

Try these simple savoury cakes that the kids can make or help with. Eat them as they are as a snack or as a light lunch with salad and flat bread. These can be stored in an air tight container in the fridge

#### Ingredients

4 eggs lightly beaten  
170g packet noodles  
½ teaspoon paprika or curry powder

2 zucchini grated  
1 tsbp margarine  
¾ cup cheddar cheese, grated

#### Method

Cook noodles according to packet directions. Drain and place in a large bowl. Stir through paprika or curry powder, eggs, cheese and zucchini.

Heat margarine in a pan. Place ½ cup of zucchini mixture in pan. Cook for about 1-2 minutes on each side until golden. Repeat until all the mixture is used.

*Recipe from Nutrition Australia*



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### PIZZA CONNECTION

*"As food is to the body, so is God's word to the soul."*

Arrangements are now in place for our ninth pizza night to be held on Friday 14 March at the usual time, 6.30 PM in the Sheffield Town Hall. Note; FRIDAY night!

The subject theme will be "overcoming fear". One man will tell his story of his life, wrestling with and overcoming Post Traumatic Stress Disorder, (PTSD) arising out of experiencing the brutality and horror of war as a young boy. Our speaker will share on how to win our personal war with fear. More information next month.

Before then, the annual Mighty Men's Conference will be held at the Carrick Ag Fest site, beginning Friday evening 28 February for those who wish to camp on site. Saturday 1 March will be the main day, beginning at 9.00 am through to 5.00 pm, with three sessions. The theme for the conference is "REBUILD", in life and relationships. On the Sunday morning, there will be a family church service. This is a Christian outreach to men seeking answers to life, a great opportunity to meet and fellowship with other men in a casual and relaxed setting. Registration cost is \$40.00 for the Saturday which includes lunch and dinner. To stay overnight is an extra \$10.00. Booking is encouraged; online at [www.mightymensconference.org.au](http://www.mightymensconference.org.au) or phone 0418 547669. Bring your own chair and, if staying over, camping equipment and breakfast. Transport from Kentish can be arranged if required, for further information on either of these events call; Craig 64921160, John 64273477 or John 64912525

---

### NEWS FROM THE KENTISH LIONS

At the first meeting of the Kentish Lions for 2014 we had a chance to look back at our achievements in the latter part of 2013.

The Christmas Parade, and the small town fellowship generated by the get together in the Park afterwards.

The Triple Top Mountain Run in November which attracted over 270 entrants, both runners and walkers, and that we were able to donate prize money to the school for end of year student prizes in memory of Ron Brown and Roy Jackson.

We are now looking forward to 2014 and hope to increase our membership.

Lion Bronwen Lee.

---

**"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."**  
~ Michael Jordan

### "HELPING HANDS" BEGINS A NEW YEAR

January saw a good response from Kentish residents who desired help with small jobs around the home. These requests were met with the largest volunteer number of workers to date, from the Sheffield Bible Chapel who, despite the quite warm day, went enthusiastically about the jobs entrusted to them.

The recipients, as in previous months, were again very happy to have their needs met. Many of these people are mature in age and are unable or cannot afford to get these jobs done themselves, so therefore are relying on this free service to help ease their individual needs.

Residents are reminded that the next Helping Hands day is planned for Saturday February 15th. Please phone either Ken 6491 1512 or Andrew 6491 1610 before this date as this will help the coordinators to plan the day for maximum efficiency.

Maybe you are lonely and would appreciate someone to come and sit and chat with you for a while. Whatever your need may be you are welcome to ring in with your request and the group will do their best to help you in your situation.

---

### KENTISH PROBUS CLUB

#### What is Probus

Probus is a service club for active members of the community who are retired or no longer working full time.

#### What do we do

Its basic purpose is to advance intellectual and cultural interests among members, to provide regular opportunities to stimulate healthy minds and active bodies through social interaction and activities, expand interests and enjoy the fellowship of new friends.

You can hear interesting guest speakers and participate in a variety of outings.

#### Where and when

The Kentish Probus Club meets every 2nd Tuesday in the month at the Sheffield Bowls Club - 10am to 12 noon. New members are always welcome. For more information please phone 6491 2320.

---

### HUB INC REPORT

It has been a busy time since we opened, lots of donations to sort and price, and we thank our volunteers for their hard work. Donation: Gowrie Park Rodeo \$300.

Thank you everyone for your continued support this allows us to financially provide assistance to projects, groups and individuals within the Kentish Community.

Shop hours: Monday to Thursday 10.00am to 3.30pm.  
Fridays 10.00am to 4.00pm.

We look forward to your next visit.

The Committee

## WEINDORFER MEMORIAL SERVICE

What has Waldheim Chalet, built by Gustav Weindorfer in Cradle Valley in Tasmania, have in common with Mawson's Huts, built by Sir Douglas Mawson at Cape Denison, Antarctica? This was the subject for guest speaker Ted Bugg at the Weindorfer Memorial service in Cradle Valley on Wednesday 1 January 2014.

Ted is a senior ranger with the Parks and Wildlife Service currently based at St Helens. He has heritage carpentry experiences over twenty two years at Cradle and in Antarctica.

He said that these two important Australian heritage structures had much in common; they both were built one hundred years ago; both were built of pine wood; both were built in remote locations; both have been replicated and both were built by New Australians who had common interests in science, geology and botany

The weather forecast for New Years Day at Cradle was dismal however eighty three keen visitors attended the 2014 service to listen to Ted's message and remember the contribution by Gustav Weindorfer to the conservation of the beautiful Cradle area. Thankfully after a wet morning the rain ceased, however a Scotch mist persisted throughout the service.

Judy Dawkins, secretary of the North West Walking Club described her club's role in the origin of this traditional service.

Kentish Mayor, Don Thwaites warmly welcomed the visitors to this southern-most part of his municipality. Apart from routine readings by members of the committee young women, Cecelia Baker and Anais Woods contributed to the service. Cecelia, who had spent a year in Austria as a student, eloquently read Psalm 121 (Weindorfer's favourite



Psalm) in German.

Anais, a member of the Crescendo Choir from Devonport, sang a shortened version of The Mountain. This is a choral piece written by renowned Australian composer Paul Jarman especially for the Crescendo choir inspired from the lives of Gustav and Kate Weindorfer. The choir has recently been successful in obtaining a grant which will allow Paul Jarman to go to Waldheim in February to write three more pieces based on Cradle's history and natural beauty. Paul will conduct workshops with the choir during his stay.

The service also commemorated one hundred years since the first entries were made in the Waldheim Visitors' Book now held at the Queen Victoria Museum & Art Gallery in Inveresk. The visitors then were from the Adams, Thomas, Loane, St Clair Davis and Wilson families—the party travelled from Northdown near Devonport by buggy and motor car as far as Middlesex Station. Three of them, Edward Wilson, Harold Thomas and

Trevor Loane returned to attend a service fifty eight years later on New Year's Day 1972.

Anton Lade  
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Anais Woods singing "The Mountain"



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"Thousands of candles can be lighted from a single candle, and the life of a candle will not be shortened. Happiness never decreases by being shared."  
Buddha

## SHEFFIELD GOLF CLUB

### Golf News

#### Veterans Open tournament

The Vet's Open Tournament was again a most successful stableford event with over 70 players from many different clubs taking part. It was really pleasing to see a full field contest the day, in pleasant conditions.

Ian Smith (Sheffield golf club) won the overall trophy, while David MacMillan (Sheffield), Ralph Dittmann (Sheffield), Joe Bruton (Longford) and Ron Bracey (Riverside) were among the winners in their divisions. An excellent lunch was provided, and all seemed to enjoy their day on our beautiful course.

#### Sponsored Day

"Feelin' Fruity" fruit and vegetable business kindly sponsored a Stableford Multiplier last month. Despite the disappointment when players scored 0, everyone ended up the best of friends and a great day was had by all. The winning couple was Judy and Laurie Lang with 81 points. Feelin' Fruity also provided a beautiful fruit basket to raffle. Their generous support is most appreciated.

P & D Bellchambers Carpentry and Joinery were the sponsors of a Pinehurst. The event attracted a good field despite being just before Christmas. The winners were Ian Smith and Nigel Quinn with 58.5. Well done, a great score.

The "A Team" sponsored an "Ambrose 4" and attracted a large field. An "Ambrose" is always a fun game and this was no

exception. The winner on the day was the team of H. Toldi, P. Orchard, W. Duff and G. Leedham with 50.8 nett.

Many thanks to our sponsors for their generous support.

#### Other Results of Interest

Recently in a Saturday stroke competition Lyell Hardwicke had 67 in Div 1 and Neville Pulford had 66 in Div 2.

David Proud and Lyell Hardwicke won a 4BBB Stableford with 47 points in a vet's competition.

Helga Toldi won a ladies Stableford competition with a score of 45. That's good scoring!

Well done to all winners of events.

#### Monthly Medals

The first Don Store IGA Monthly Medal for 2014 was won by Andrew George with a score of 61. Ron Duff was the winner of the Vets monthly medal also with 61. The lady member's monthly medal, sponsored by The Sheffield Hotel, was won by Judy Lang with 69. Congratulations to medal winners.

#### Contact Numbers

Sheffield golf club 64 911184,

Member's President Lyle Thomas  
0418141727

Lady Member's President Judy Lang 64  
911572

You can visit our website at  
<http://www.sheffieldgolfclub.net.au>

## SHEFFIELD BOWLS CLUB

The format this year has changed for State Wide Women's Pennant, North plays South, North plays North West.

A team of twelve under 25's are selected to play against North South and the North West.

Playing in the under 25's are Sheffield's three juniors Kiara Daly, Caitlyn Hooper, and Hollie Keen. Congratulations for getting into the under 25's team.

The first series was played at the Margate Indoor Centre due to the inclement weather.

The second round was played on the 19th of January at Kings Meadows.

The last round will be played at South Burnie on the 2nd of March. South Burnie will also be the venue for this year's Round Robin.

We would like to extend our congratulations to Hollie Keen for winning the under 18's Championship and wish her every success when she partners Steve Glasson at Penguin Classic Pairs at Penguin, on 27th to 29th of January.

Corporate Bowls starts at the club on the 5th of February at 5:30pm for a Sausage Sizzle, Play at 6pm.

Anyone interested are welcome to attend.

The ladies pennant teams are hoping to improve their position on the ladder in the second half of the season.

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**WATER DELIVERY**, 4000 to 17000L Best price. SEPTIC TANK cleaning service. Best price. PORTALOO hire. Round and square hay bales and silage, large quantity, cartage avail. Tilt tray truck and container transport hire. Plain wire (1500m) \$150, barb wire \$77. Steel posts \$5.50 ea. Buyers of scrap metal, cars, trucks, utes etc. Small excavator & bulldozer hire. Excellent operator. ph 64 911227 or 0419 539 537

## WANTED LAND

**TO LEASE/BORROW/BEG OR STEAL** anywhere in the Kentish Area, further away maybe ok. From 5 to 50 acres suitable for sheep. Some fencing ok. Water can be provided. Please phone 0447-937-717

## NOTICES

**SHEFFIELD RSL & CITIZENS CLUB INC.** AGM will be held at the Club, 77 Main Street, Sheffield on Wednesday 19 February 2014 at 7:30pm

*"If you spend your whole life waiting for the storm, you'll never enjoy the sunshine." ~Morris West*

## ACCOMMODATION

**PERSON TO SHARE** federation house in Sheffield. Centre of town, neat and tidy, non-smoker, employed person required. \$115.00pw plus exp. Ph 0417065205 to enq

## WORK WANTED

**ANN'S PET MINDING SERVICE**  
Your animals visited in their own home. Feeds, medicine, etc. Security & reliability. Ph: 6491 1846  
annspetmindingservice@iinet.net.au

## PICTURE FRAMING.

All your framing needs, photographs, needlework, canvasses, etc  
Phone George 6491 2390

**PAULA'S SEWING** for all your sewing & mending jobs plus industrial sewing. I fix horse rugs, leather, canvas etc. I make loose covers curtains & more. Phone PAULA 0419 373 690 or 6496 1594.

## WANTED KNOWN

**CHILD CARE AVAILABLE**  
Mon Tues Thurs & Fri: 8.45am - 2.15pm (No Charges for Public Holidays, Sick Days or Holidays)  
Experienced & Qualified Early Childhood Educator  
Judy Sullivan 11 Duff Drive Sheffield  
ph: 6491 2602 / 0409 145615 Govt. Childcare Benefit & Rebate available  
Mersey Leven Child Care Services (Family Day Care) 6424 4855

**SHEFFIELD MARKET & CAR BOOT SALE** - Next Market is on **8th February!** Town Hall, High Street, FREE Sausage Sizzle  
New Stall Holders Plus all Your Regular Stalls. Stallholder Inquiries  
Ph: 0437 124 559 \***Please Note: No Market in March** due to Steamfest

## CLASSIFIEDS ADVERTISING

Place your advertisement by email to [advertising@thekentishvoice.com.au](mailto:advertising@thekentishvoice.com.au)  
or by post to  
c/- Barrington Post Office  
\$1.50 per line minimum \$4.50

## CHURCH NOTICES

Lower Barrington Baptist Church  
Sheffield Road, Lower Barrington  
Where you and your family are warmly welcome!  
Services Weekly at 10am – with refreshments afterwards!  
First Sunday – Holy Communion  
Kid's Church and Bible study groups will resume meeting in February  
Our church building is fitted with a 'hearing loop'.  
Join us on Facebook at *Lbbc Tasmania*

Holy Cross Catholic Church,  
**Sheffield**  
Mass on the 1st, 3rd and 5th Sunday of the month  
Liturgy of the Word with Communion on 2nd and 4th Sunday of the month.

Sheffield Baptist Church  
*"Caring and Making a Difference in Our Community"*  
**104-106 Main Street, Sheffield**  
Service Time 10:30am each Sunday  
All most welcome – friendly atmosphere  
Fellowship Tea every third Sunday  
5:30pm - 7:30pm  
Favourite hymn singing, good food and fellowship  
**Ph: 6491 1150 or Ph: 6424 3195**

Kentish Community Church  
*"Serving together we achieve more"*  
**Sunday service 10am**  
Everyone welcome  
Something for all ages:  
kids / youth / men & women  
**8 Nightingale Avenue, Sheffield**  
**Call 6491 2363 for more info**  
<http://kentishcommunitychurch.wordpress.com>

Sheffield Bible Chapel  
45 High Street Sheffield  
*"A caring church for the whole family"*  
You are welcome to come and join with us each Sunday at 10:00am for a celebration time of praise and worshipping God.  
During school terms, and as part of our church service, the children enjoy K.L.A.G. (Kids Learning About God) You are most welcome to stay and have a cuppa afterwards and this is followed with a shared lunch.  
Why not come as a family? We would love to have you share with us.  
Enquiries ph 6491 1447 or 6491 1512

## WHAT'S ON

February

- 1st **Weeds Field Day**, Gowrie Park Picnic Area  
10am - 12pm, see page 8.
- 5th **First day of school term one**
- 8th **Sheffield Town Hall Market**,  
Town Hall, Sheffield, 9am-2pm
- 15th **"Dearest: the remarkable love story of Virginia & Leonard Woolf"**, Hans Vonk Music House,  
23 Hillside Crescent, South Spreyton. @ 3pm - \$15  
Speaker Penny Cohen. contact jessievonk@gmail.com
- 22nd **Latrobe Boxing Club Tournament**, Latrobe  
Memorial Hall, doors open 6pm, start 6:30pm,  
Adults \$20, pensioners/children \$10, family pass \$50
- 23rd **Swap Meet & Car Boot Sale** (Veteran Car Club of  
Australia NW), Maskells Rd (Near Camp Clayton)  
8am start, free entrance, sites \$10 contact 64235117

March

- 1st **Wilmot Country Market**, Wilmot Memorial Hall  
9am - 2pm
- 2nd **Clean Up Australia Day**
- 8th **Breath of Life 2014 Festival**, Inveresk, Launceston  
Tickets available online at [breathoflifefestival.com](http://breathoflifefestival.com) and  
at other OZTIX retail outlets
- 8th - 10th **SteamFest 2014**, Redwater Creek Railway,  
Spring Street, Sheffield.
- 15th **Election Day**

### Bushfire Survival Plan

Know your bushfire risk. Make a plan.

PREPARE • ACT • SURVIVE

[www.fire.tas.gov.au](http://www.fire.tas.gov.au)

## TANDARA - BENEFICIARY OF FEDERAL FUNDING FOR COMMUNITY CARE

**More than \$500,000 to help keep older Lyons residents living independently.**

Extra services worth more than \$500,000 will be available from March this year to help older people in Lyons to remain living independently.

Lyons Liberal MHR Eric Hutchinson said he was delighted that a total of \$523,843 had been allocated from the 2013 federal Health and Community Care funding round to go to four different organisations which provide extra support and care services for older Lyons' residents .

\$30,195 of this funding will go to Tandara Lodge Community Care, at Sheffield, for centre-based care.

Mr Hutchinson said that the funding was part of a \$240 million investment nationally under the HACC program. The extra funding will help expand existing services or create new ones identified as priority areas of need in Lyons," Mr Hutchinson said.

"We know that there is a real need in Lyons for domestic help, social support and transport and that is where the majority of this funding will go."

Mr Hutchinson said that these kinds of services were essential for older people to stay safe and well, connected to their community and in control of their own lives.

Assistant Minister for Social Services Mitch Fifield said that the federal HACC program provided critical basic maintenance, care and support services where most people preferred to receive it – in their own homes and communities.

"We have made sure that a large proportion of this funding will go towards services that meet each region's most pressing needs," Mr Fifield said.

## THE BUCKETS

BY GREG CRAVENS





# AAA GRANARY ACCOMMODATION

- THE LAST RESORT

Fully equipped cottages with spectacular views, including Cradle Mtn, **Free Internet – 1 hour.**

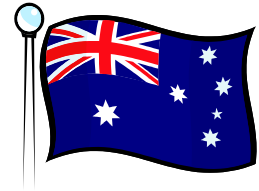
**Tariff includes FREE access to Games Centre: AND all this-** Spa Pool, Sauna, Gym, 8-ball, Table tennis, Air hockey, X-box 360's, Playstation2's, Playstation3's, (games to all supplied), BMX run, Movie Library (1,600 choices), Sports grounds: Basketball, Soccer, Cricket, ALL equipment, Mini-golf, Bicycles, Blue + Green machines. Treehouse adventure playground and the extensive Theme Gardens.

**"An Exciting Fun Place"** Next door to TASMAZIA & the Village of Lower Crackpot.

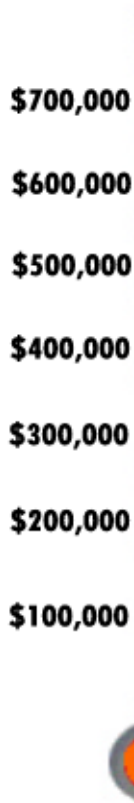
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Congratulations!  
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Kentish Australia  
Day Citizen of  
2014



## SHEFFIELD/RAILTON COMMUNITY BANK



**\$645,450** pledged so far  
from **290** pledges

Pledge now and  
help us to get our  
bank branch open  
in 2014

You can also bank with us now using our branch number via any **Bendigo Bank**® branch and this will also edge us closer to our goals.

Open an account with either **Bendigo Bank**® or **Rural Bank**®. Their banking support team can address all of your banking needs as the Steering Committee do not conduct any banking business or have any knowledge of your banking.

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